

OFFICIAL PUBLICATION OF THE CHOLLA BAY SPORTSMANS CLUB

VOLUME 47

JULY-SEPT 2004

49th ANNUAL FISHING DERBY

Congratulations
Fishezmen!!!!!!



Tom Gibson accepting
his 1st Place Yellow Tail
Plaque from Brad Moen

Cholla Bay Sportsmen's Club



49th Annual Fishing Tournament

CHOLLA CHAPTER NEWS

Our June meeting was a pot-luck on June 9th and was held at the club house. About 20 of us enjoyed all the good food and drinks. Some of us had taken some "white elephant" items to use as prizes, and most everyone won something. Some of us didn't, however. It was nice though, and everyone seemed to have a good time just talking and laughing.

We won't be having another meeting until October and that will be October 16th. Most of us should be back in the bay by then and will be looking for something to do. It will also be a pot luck, so bring a dish (full of something), and come to the club house around 5:30, and we'll try to eat around 6:30. It's still a bit hot at that time, so we're starting about a half hour later than usual. I'm sure we'll have some drink tickets also. I hope everyone has a great and safe summer wherever you are.

Hasta Luego... Pat

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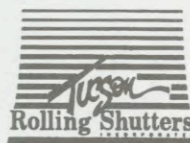
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CHOLLA BAY HOMEOWNERS

Vecinos de la Cholla now under the supervision of newly elected president Oliver 'Bucky' Maud is off to a new start loaded with fresh ideas and a group of enthusiastic committee leaders to work with. The president's message in the June homeowners newsletter states they are looking for members to work with these committees, you do not need to be a board member to get active and work on these committees. To quote Bucky get "INVOLVED". Hopefully those of you who ran for office and didn't quite make it, will get involved with one of the committees and not give up. You all have so much to contribute. Attend the board meetings to be advised. The dates for the meetings do differ so perhaps their newsletter can post the dates ahead of time so you can plan to be in Cholla at that time attend. After their business affairs are aired, you can have a period to voice your ideas, criticisms, complaints and of course they accept compliments. As Bucky stresses get "INVOLVED", we're all involved in a new adventure and it's happening right here in your community. Be there!!!

There are many reasons to come to Cholla during the summer months, especially now that we have electricity to run fans and air conditioners. The second big factor is fishing, which is at it's best this time of the year. Reports from the launching area say this past month 70-80 lb groupers were brought in plus sardinero, red snapper along with the various classes Cholla Bay is famous for. To wet your fishing appetite, Wade Brewer reports he was fishing aboard his "Brewery" (catching grouper) when a sailfish swam by his boat... they are here... come and get them.

- The Management



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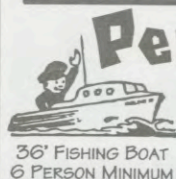


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2004 Derby Results

ADULT BOAT

Trigger

- 1st Frank Paseka
- 2nd Tim McFarland
- 3rd Lori Paseka

Mackerel

- 1st Dee Moen
- 2nd Brad Moen
- 3rd Noel Jordan



Pargo

- 1st Greg Baumgardner

Pinto

- 1st Jim Schmidt
- 2nd Tim McFarland
- 3rd John Baird



Red Snapper

- 1st Todd McDermott
- 2nd Greg Baumgardner

Sardinero

- 1st Jim Schmidt
- 2nd Tim Bottecher
- 3rd John Baird

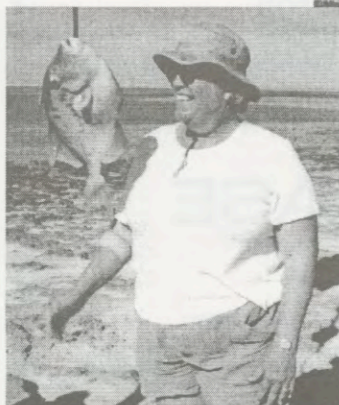


Sea Trout

- 1st Dee Moen

Yellowtail

- 1st Greg Bomgardner



JUNIOR BOAT

Trigger

- 1st Tom Gibson
- 2nd Miranda Traverse
- 3rd Mike Traverse



Mackerel

- 1st Zeke O'Callahan

Sardinero

- 1st Miranda Traverse

Yellowtail

- 1st Tom Gibson



Jr. Misc.

- 1st Place Tie
- Mike Traverse
- Miranda Traverse

ADULT SHORE

Trigger

- 1st Dee Moen

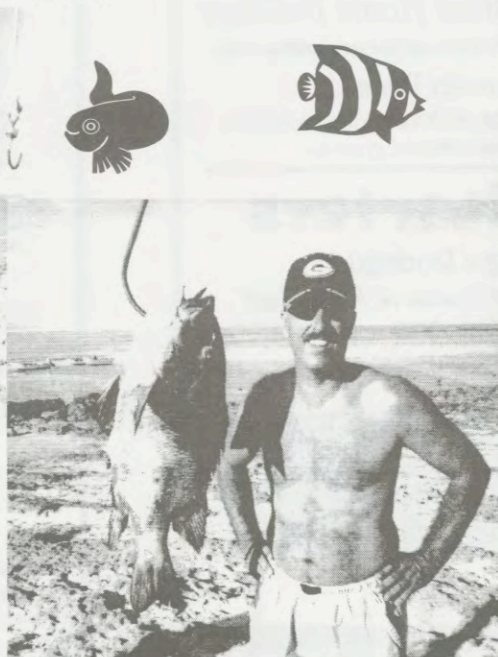
Pompano

- 1st Brad Moen
- 2nd Guy Jean
- 3rd Dee Moen



Sea Trout

- 1st Dean Fisher
- 2nd Dee Moen
- 3rd Brad Moen



JUNIOR SHORE

Trigger

- 1st Miranda Traverse

Pompano

- 1st Miranda Traverse

Sea Trout

- 1st Miranda Traverse

Jr. Misc.

- 1st Miranda Traverse
- 2nd Mike Traverse

Biggest Fish Adult Boat

- Greg Baumgardner

Biggest Fish Jr. Boat

- Miranda Traverse

Biggest Fish Shore

- Dean Fisher

High Point Adult

- Dee Moen

High Point Junior

- Miranda Traverse



Thanks to everyone who has helped out to make this another successful Derby. The CBSC couldn't have lasted 49 years without the hard work and determination of its volunteers!



UN-CLAIMED RAFFLE PRIZES

The following were winners at the 49th annual Fish Fry Raffle, but have not claimed their prizes. If your name is listed, or know someone who is, please call: Dee Moen in Phoenix: 602-525-3097 or in Cholla on weekends: 382-5020. The prizes are in Cholla at Ships Store. All prizes unclaimed & picked up by December 31, will be returned and used for next years raffle.

Prize# Name/Address

- #5 Martin Balk - Tucson Area
- #44 Bob Belk - Cholla
- # 40 Melissa Crawley - Tempe
- #37 Paul Delbrugge - Cholla/Tucson Area
- #6 P. Felton - Payson
- #45 Roger Harmon - Cholla/Tucson
- #51 W. Lolling - Tempe
- #9 Martin - Phoenix Area
- #19 Mary Miller - Phoenix Area
- #23 Robert Miller - Phoenix
- #26 Ken Money - Glendale
- #17 Connie Norsworthy - Cholla
- #22 Lois Osborn - Cholla
- #12 Jean Ostberg - Phoenix
- #31 Bob Pennington - Phoenix
- #41 Jerry Reidhead - Cholla
- #50 Larry Riley - Glendale
- #25 Jean Troyell - Cornville
- #4 John Tyrrell Sr. - Phoenix
- #28 Eingerginnone (Spelling??) *This name was not readable, but hopefully someone will recognize it.*

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World Wide Predatory Fish Decline & Management Efforts

By: Jennifer Rupnow

Large predatory fishes (i.e. groupers, snappers, giant sea bass) have played an important role in fisheries and marine ecosystems. However, overexploitation by sport, commercial and artisanal fisheries has greatly compromised this role. Recent estimates indicate that exploitation has depleted worldwide large predatory fish communities by at **least 90% over the last 20-50 years** (Myers and Worm, 2004; Lenihan, 2001). Aggregations of reef fishes are now receiving global attention and management for protection. Use of management strategies are increasing in Florida and in many Caribbean nations. Marine reserves, both temporary and permanent, are increasingly being used as a tool to initiate recovery of depleted fish populations. Recently, a scientist named Halpern compiled available data from marine reserves across the world. He showed that protection resulted in rapid increases in fish density, biomass, average size, and diversity and often resulted in fish "spilling over" into areas where fishing was allowed.

The N. Gulf Fishes

Regionally, there are eleven fish species at risk of extinction and consequently, the American Fisheries Society (AFS) has listed the Northern Gulf of California as one of five geographically important areas for protection in North America (Musick, et al. 2001). The local Gulf grouper (*Mycteroperca jordani*) is vulnerable to extinction according to the IUCN Red List of marine fishes. They have experienced population declines of at least 20% over 10 years. Overfishing of the gulf grouper by diving spearfishers (an illegal activity) and sport fishers has already caused its depletion throughout the Gulf, and its presence now occurs *primarily* to the N. Gulf region.

Additionally, the giant sea bass (locally called black sea bass) is *critically endangered* and is facing an extremely high risk of extinction in the wild in the immediate future (IUCN). This species, whose formal name is *Stereolepis gigas* is fully protected in California waters. Recreational fishers caught taking giant sea bass are subjected to: confiscation of fish, seizure of the fishing boat, thousands of dollars in fines, and possible imprisonment. The stocks of the giant sea bass in the Gulf are very special because they are disjunct in the N. Gulf- they are not found in the central and southern regions of the Gulf (Thomson, 2000). The giant sea bass is offered no special protection in Mexico, even though they are less abundant here than they are in California.

Life History & Ecology

Groupers and giant sea bass are particularly vulnerable to fishery pressure because they exhibit slow growth, late maturity, and site fidelity. The species are also long-lived; gulf grouper maximum age has not been reliably determined, however an individual Giant sea bass weighing 435 lbs. was determined to be 72-75 years old and can likely grow older.

The gulf grouper (and most other groupers) are hermaphroditic fish that form large spawning aggregations over reefs (Musick, 1999). Spawning aggregations of groupers may represent the *total annual reproductive output* (Sadovy and Domeier, 1994). The possible result of repeated fishing efforts on spawning aggregations can result in the abbreviation of age or size structure or complete collapse of the local population. Sadovy (1999) reported that targeting spawning aggregations of Nassau grouper eliminated the oldest and most experienced fish, and that the new recruits were unable to find or organize future aggregations. Fishing of spawning aggregations can also result in the decline of male: female sex ratios in groupers (Harris and Collins, 2000).

As top-level predators, groupers and giant sea bass play important roles in maintaining biodiversity of the reef ecosystems and in some cases may be acting as keystone species; their removal from reef habitats can result in trophic cascades, thereby negatively impacting the integrity of the reef ecosystem (Pauly, 1998; Coleman, 2002).

Site attachment to reef habitat makes these fish populations vulnerable to fishers that have historical knowledge of fish behavior and/or advanced technology. Continued targeting of giant sea bass and on spawning aggregations of grouper could result in breakdown of aggregations and the population collapse that has been observed throughout the Gulf.

2004 FISH FRY

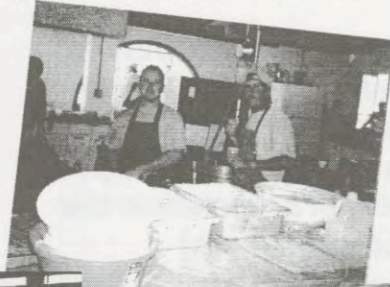
For those of you who had the pleasure of attending this year's fish fry on Memorial Day Weekend, we thank you for your continued support. Because Sal and I could not be there and we were in charge of the fish fry, we would like to thank all those that worked so hard to put it together. Unfortunately the fish was not the best this year. It was purchased from the same vendor we have used in previous years and we have always been satisfied. It was refrigerated properly and handled with precaution when prepared and even a test was done the day before to test the batter and it was fine.



Lara Shaheen, who has worked the fish fry for several years, has done research on the strong ammonia in this type of fish and it is due to the fish not properly being bled before freezing. It is not dangerous to eat but of course it is not good tasting. I apologize for the bad experience but mostly I regret that all those that worked that day took the complaints heavily. Sorry Guys, it won't happen again.

Please don't get discouraged because next year it will be a great extravaganza due to the 50th Annual Derby and we need all the help we can get.

Thank you again Mona, Ed, Mavia, David, Augie, Angelica, Angel, Lara and Sandie Cash's group (I never got everyone's name).

-Enedina Otanez



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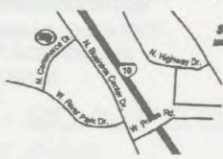
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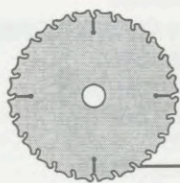
Dear Fishermen,

Next year marks the 50th anniversary of the CBSC Fishing Tournament. The Club and the Tournament have seen a lot of changes over the years. We'd like to stop and look back at everything that has kept us going this long. We'd like to hear from you, whether it's a memory, story, poem, photos or anything. We'd like to publish these items in the upcoming Chatters and share them with everyone, to remind members why it all started and to show new members why they should become more involved.

Fifty years is a long time and I'm sure the 50th Derby will be the biggest Fiesta this Club has seen to date! We again ask for your help in contributing items to the Chatter or your help in the festivities yet to come. **Let's rejuvenate this Club and help it last another 50 years!**

Please contact Dave or Kelley Adams (480) 345-0623 in Tempe or 382-5111 in Cholla to help out or for further information.

All the Ads in this Chatter are Derby Sponsors. Please let them know that we appreciate their support!



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BILL DRAKE

COOK'S CORNER

By Pat Goodin

SHRIMP CREOLE STEW

Note: I haven't tried this, but it looks very good!

1 BAG (16 Oz) Bird's Eye frozen Farm Fresh Mixtures (Broccoli, Cauliflower & Red Peppers)

1 can (14-1/2 oz) diced tomatoes

1-1/2 cups raw small shrimp, shelled

1-1/2 tsp salt

1 tsp vegetable oil

1 tsp hot pepper sauce

In large saucepan, combine all ingredients.

Cover; bring to boil. Reduce heat to medium-low; simmer 20 minutes or until shrimp turn opaque.

Serving Suggestion: Serve over Spanish or white rice and with additional hot pepper sauce for added zip.

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It will chase ants away when you lay a sheet near them.

It also repels mice... spread them around foundation areas, or in trailers, cars that are sitting and it keeps mice from entering your vehicle.

It takes the odor out of books and photo albums that don't get opened too often.

Prevent musty suitcases. Place an individual sheet of Bounce inside empty luggage before storing.

Eliminates static electricity from your television (or computer) screen. Since Bounce is designed to help eliminate static cling, wipe your TV/computer screen with a used sheet of Bounce to keep dust from resettling.

Put Bounce sheet in vacuum cleaner.

Prevent thread from tangling. Run a threaded needle through a sheet of Bounce before beginning to sew.

Freshen the air in your car. Place a sheet of Bounce under the front seat.

Clean baked-on foods from a cooking pan. Put a used sheet in a pan, fill with water, let sit overnight, and sponge clean. The anti-static agent apparently weakens the bond between the food.

Eliminate odors in wastebaskets. Place a sheet of Bounce at the bottom of the wastebasket.

Collect cat hair. Rubbing the area with a sheet of Bounce will magnetically attract all the loose hairs.

Eliminate static electricity from Venetian blinds. Wipe the blinds with a sheet of Bounce to prevent dust from resettling.

Wipe up sawdust from drilling or sand papering. A used sheet of Bounce will collect sawdust like a tack cloth.

Eliminate odors in dirty laundry. Place an individual sheet of Bounce at the bottom of a laundry bag or hamper.

Put a Bounce sheet in your sleeping bag and tent before folding and storing them. Keeps them smelling fresh.

And all this time you've just been putting Bounce in the dryer!

50th Annual Fishing Tournament

Plans are already underway for next years 50th Annual Fishing Tournament. This will be the biggest Fiesta this Club has seen to date! Tentative dates have been set; April 29-May 1, May 13-15, May 27-30, June 9-10. The Fish Fry and awards ceremony are set for Saturday, June 11th. We will again be relying on the generous support of our local Trophy Sponsors, but will also be looking for major Tournament Sponsors. Since most large companies are now planning next years budget, we have already started asking for support. If you, your company or if you know of someone that would like to be a big part of the upcoming 50th Tournament, please give us a call. We are looking for cash and/or product donations.

Please contact Dave or Kelley Adams (480) 345-0623 in Tempe or 382-5111 in Cholla to help out or for further information.



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Love, Sammie, Trevor & Todd

PINACATE TRIP

The Cholla Chapter will be sponsoring an overnight trip to the Pinacates. As of this time, the plans are to leave Cholla the morning of the 22nd of October, and those wishing to, will spend the night. Others may drive back to Cholla the same day. Cost will be minimal or nothing. Few details are available at this time, but watch the October issue of the Chatter for more details. Also, those of you who have email should receive updates from our email "Queen", Nancy Schmidli, as time draws closer. So, if you want to spend the night, when you return to Cholla Bay in the fall bring your tent and any other camping gear you may have. There will probably be a pot luck the night of the 22nd for those who stay for the night.

Good Luck Fishermen...

The Rocky Point Times

<http://rptimes.com>

CRAFT/WHITE ELEPHANT SALE

A craft sale and white elephant sale is being planned for Thanksgiving weekend, under the direction of Benna Goedert. You can donate white elephant or crafts for sale for the benefit of Cholla Bay Sportsmen's Club, or you can rent a space (rental amount not decided), and sell your crafts. More information on this will be in the October issue.



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CHOLLA BAY, MEXICO

OUR FIRST TRIP TO CHOLLA BAY

by Shirley McDonald

In the late sixties my knowledge of Mexico was based on what we experienced in Nogales since that was a day trip for everyone visiting from other parts of the country. They got to see a foreign country and we got to pick up the little bottles of every kind of alcohol available. Come to think of it, nothing much has changed except the destination is different and the bottles are bigger.

1968 was a good year. We heard about a quaint little village in Mexico where Americans went to fish and party, or maybe it was party and fish. My husband was a fishing addict and I liked to party, so we immediately started planning for our first trip. Three other adventurous families decided to go with us, so late one Friday afternoon in May we left the valley for Cholla Bay, not knowing where it was or what to expect when we found it. We first ran into a dust storm that stopped the trip for a while and after getting back on the road, someone had a flat tire. And, of course, there were the "I need to go to the bathroom" from all the kids. Due to all our stops, we got to the border very late and barely made it across before closing. Back then, you had to stop and get a visa and the typist used the hunt and peck system so it took a while to get back on the road. But our luck finally changed when we met a couple who was headed to Cholla Bay and said we could follow them.

The entrance to Cholla was the arch which is north of the new road. If anyone thinks our roads get bad now, they should have come across the old road to Cholla in the early years. When we reached the arch, we were last in line and had watched as the other three vehicles were stopped, not knowing what was happening. When it was our turn, the man asked for a fee to camp and asked if we were paying for the vehicle in front of us. We said no and suddenly the man took off running after the vehicle that was pulling away. We didn't know it but the driver didn't understand what the man wanted so he told him he was with us.

When we finally pulled into Cholla we realized that "quaint" really did describe the place. There were trailers and boat houses that doubled as lodging and a few actual houses. At that time, what is now JJ's Cantina, was a one room bar with a front door and I don't remember it having any windows. As late as we arrived, there were no lights anywhere so we just followed the ocean until we found the perfect spot to camp, and that turned out to be Pelican Point.

There is an old saying – "Whatever can go wrong, will go wrong". That is so true. We decided it was time to toast our good luck in finally getting to our destination, but we couldn't get the trailer door open. It wasn't locked because we didn't have a key so we looked for other options. Our ten year old son crawled through the storage compartment on the back of the trailer (we did have a key for that) and slid under the bed into the trailer and opened the door.

During the night, we awoke and thought the world was coming to an end. We endured our first "Cholla Wind". Our trailer was old and very small and every part of it shook. There was very little sleep the rest of the night. The next two days were spent looking around Cholla and doing a lot of shore fishing since the only boat we owned was nicknamed "the sinking boat" and that was left home. We visited Rocky Point and had a Shrimp Cocktail on the beach patio of the old Playa Hermosa Hotel and watched the kids (and some grown-ups) play in the water.

Our trip home was much smoother than the one going down, but to our surprise we had a souvenir from Cholla Bay. Fish bait was left in a pocket and laundered and found when it was time to iron the shorts. What a surprise!

After living just above Pelican Point for the past 21 years, I feel very lucky when I look down at the spot where we spent our first night in Cholla Bay. Yes, 1968 was a very good year.

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Catch and Release

By: Jennifer Rupnow

Cholla Bay

This year, for the first time in 49 years, the Cholla Bay Sportsmen's Club fishing derby was closed for grouper and giant sea bass out of respect for: a) their status as vulnerable & endangered; and b) spawning aggregation time. Grouper still came in during peak spawning time (mid-late May), mostly females heavy with eggs. However, during the two weeks leading to spawning time, more grouper were released by Cholla Bay fishers than were brought in to Cholla. Five boats actively participated in catch-release, a program that has become *the standard* in many fishing tournaments throughout the world. While giant sea bass occur at depths that do not allow release, grouper in our area are often shallow enough to allow safe release, often without venting the fish.

Grouper Catch & Release

Ways that we can help assure that Grouper are around in the future:

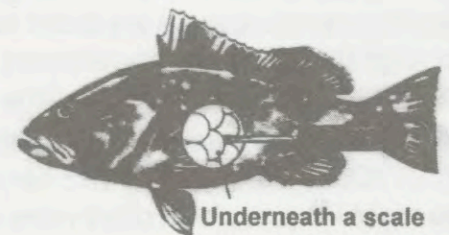
1. Don't target grouper during spawning aggregation time (late April- early June). These fish only reproduce once per year and if fish are taken off a reef before reproduction it spells disaster for the population.
2. If you do catch a grouper in water less than 120 feet consider releasing it (especially during spawning aggregation time).

How to Vent & Release Grouper:

Avoid playing the fish to the point of its exhaustion & minimize the amount of handling of the fish with bare hands. After reeling in a fish, observe its condition. If the fish appears normal, not bloated, and is able to swim down on its own, venting is not necessary. Venting is required if the fish is bloated & floats, or if the fish's stomach hangs out of the mouth. There are several methods for venting and releasing fish, and the most successful method for grouper (95% success rate) is described here.

Device: A NEEDLE no longer than 1½ inches (preferably hollow, like a hypodermic needle). Hypodermic needles are available from: Augustine in the radio house, the CBSC store, or Sally at Xochitl's Café.

Procedure: Puncture the body wall at the tip of the pectoral (side) fin, underneath a scale. The angle should be about 60-75 degrees, which aids the insertion. Do not insert the needle too deep. If you meet resistance, try a slightly different location or angle. Leave the needle in place until you are sure that most of the swelling is gone, you should hear the trapped air escape. Never puncture the stomach or try to force the stomach back into the body.

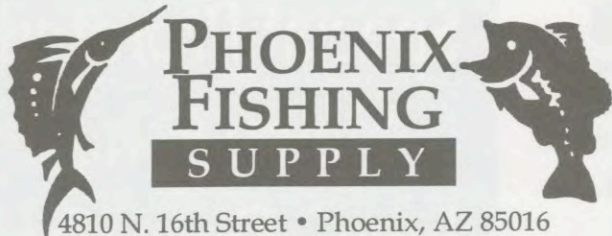


Fishing in the Future???

The Mexican Government and even Mexican environmental/conservation groups are now initiating programs to divert commercial fishing efforts to sport fishing. While this could benefit local families and boost the Peñasco and Cholla economies, without regulation for vulnerable & endangered species, permit & gear restrictions, or the infrastructure to enforce such laws, fish populations would suffer greatly.

Opinion

It may be time for the sportfishing communities to come together & discuss these issues in public forums and propose new regulation with the government to ensure that grouper and giant sea bass populations are around in the future.



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Health Help

Foods for Long Life and Well-Being

In this issue we will concentrate on:

ANTIOXIDANTS "Superfoods" To Protect Your Cells and Heart

When you're thinking "superfoods", think color, says Beverly Clevidence, PhD, a research leader at the USDA's Diet and Human Performance Laboratory. That means foods that are deep blue, purple, red, green or orange. The carotenoids and anthocyanins that provide the color for these foods contain health-enhancing nutrients that protect against heart disease and cancer, and also improve our sense of balance, our memory, and other cognitive skills.

Your "superfoods" color chart should include"

Deep green - Cruciferous vegetables like broccoli may help prevent colon cancer, while spinach and kale are good sources of calcium. And kale also helps fight against age-related macular degeneration, the leading cause of blindness in older Americans.

Red - Red tomatoes, especially when cooked, are beneficial sources of lycopene, which helps protect against prostate and cervical cancer.

Orange/yellow - Squash, carrots, sweet potatoes, and yams promote healthy lungs and help fight of skin cancers such as squamous cell carcinoma.

Deep blue/purple - Eggplant, plums, blueberries, blackberries (strawberries, raspberries, and cherries come under this category as well) lower your risk of heart disease by helping the liver "sop up" extra cholesterol, as well as improve your mental functioning.

"I've definitely been adding berries to my diet throughout the year", says Clevidence.

You don't have to limit your berry intake to in-season either. Fresh, frozen (without sugar), or dried... the benefits are the same.



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CHOLLA BAY SPORTSMEN'S CLUB MEMBERSHIP APPLICATION

Mail this application and payment to the Chapter of your choice.

CHOLLA CHAPTER
PO Box 218
Lukeville, AZ 85341

TUCSON CHAPTER
1440 E. Hampton
Tucson, AZ 85719

Membership dues and other activities of the CHOLLA BAY SPORTSMEN'S CLUB have funded the purchase of radio equipment, continue to support the operation & maintenance of Marine VHF Radio (Channels 16 & 26) for the Northern Sea of Cortez, also CB Radio (Channel 3) in the Cholla Bay area. The CBSC pays the salary of the Cholla Bay Radio Operator, assists in search & rescue operations, and when necessary can assist with some arrangements for the emergency transportation of critically ill or injured. The CBSC conducts an annual Fishing Derby, publishes the monthly "CHOLLA CHATTER" Newsletter, and promotes good relations between American visitors and our Mexican neighbors.

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