

1648 W. Wetmore Rd.
Tucson, Arizona 85705
OFFICIAL PUBLICATION
OF THE
CHOLLA BAY
SPORTSMEN'S CLUB



PRESORTED STANDARD
U.S. POSTAGE
PAID
PERMIT NO. 1498
TUCSON, AZ.



DECEMBER 2003

EDITORS: Pat Goodin and Nancy Schmidli

Contributors: Pat, Nancy, Sally Dalton, Adrianna Adams, Donna Wilhite, Ken Goodin, Betty Moore, Jo Barnes

UPCOMING EVENTS:

December 6th - CBSC Meeting at Club House. This will be our Christmas Dinner - Turkey, dressing, etc.- Happy Hour about 5:00, Dinner about 6:00.

December 20th - Christmas Party for our Mexico families See separate article for more information.

Jan. 18th - Home Show in Cholla - See separate article

Each Monday - Bridge at the Cholla Cafe. Notify Nancy Schmidli (382-5036) or Jo Barnes (382-5086) if you plan to play. 12:30 - Go early if you plan to eat before bridge.

COOK'S CORNER from Adrianna

CORN TORTILLA QUICHE

Ready in one hour or less. Oven 350

- 3/4 pound bulk sausage
- 5 corn tortillas
- 1 cup shredded Monterey Jack cheese
- 1 cup shredded Cheddar cheese
- 1/4 cup chopped green chili
- 6 eggs or you can use egg beaters
- 1/2 cup whipping cream or evap. milk
- 1/2 cup cottage cheese
- 1/2 tsp. chili powder
- 1/4 cup minced cilantro
- salt & pepper to taste



In a skillet, cook sausage until no longer pink; drain. Place 4 tortillas in a greased 9 inch pie plate, overlapping and extending 1/2 inch beyond rim. Place remaining tortilla in the center. Layer with sausage, cheeses and green chilies. In a medium bowl, combine eggs, cream, cottage cheese and chili powder; beat well and slowly pour over chilies. Bake 350 for 45-50 minutes, or until set and puffed. Sprinkle with chopped cilantro. Makes 6 servings.

CHOLLA CHAPTER NEWS

by Pat Goodin

I didn't make it to the November meeting, since I had to go to Las Cruces to have some tests run after having a bit of intestinal troubles. But, I heard that there were about 45 people attending, and they had a nice meeting with super good food. The meeting was held at the Oasis, and they have always served us a good fish dinner, and the staff is always very good to us. We now have 247 members in the chapter. New members are Joe and Irene Warren. Welcome aboard! There will be, for the first time in Cholla Bay, a Home Show. It's to be Sunday, January 18th, noon to 3:00 P.M. There is a separate article in this Chatter about it. Please check it out.

The next meeting will be on December 7th at the club house in Cholla. Ken Goodin will be cooking turkey with the "trimmins". As usual, happy hour will start around 5:00, then the meeting and dinner about 6:00. We should be decorated up for Christmas. Hope to see you there!!!

The place and date for the January meeting hasn't been set as yet. Watch for it in next month's Chatter.

THOUGHT FOR TODAY

There are two types of people - those who come into a room and say "Well, here I am". and those who come into a room and say "Ah, there you are".

WELCOME NEW MEMBERS

JOE AND IRENE WARREN

HEALTH TIP FROM DONNATHE NATURAL POWER OF SOY

You probably already know that soy is good for you. But, did you know that soy also contains isoflavones?

Isoflavones, the phytonutrients everyone is talking about, have been shown to provide helpful dietary support during and after menopause.

Studies also show that isoflavones help maintain bone health, thus supporting the body's natural defense against osteoporosis.

Plus, for those of you on the new low carb diet there's an added bonus...Most soy products are high in protein and low in carbs - usually with only 3-7 carbs. Tofu has no carbs.

If you haven't tried soy, you should. It's very tasty. If you want to try it, the fruteria on the main boulevard at the end of the Cholla mall road carries chorizo de soy. I use them in my eggs just like regular chorizo. It's only 50 cents per package and tastes great. Try some and enjoy all the benefits.

For more information on the power of soy, visit the web site at www.novasoy.com

SICK BAY by Pat Goodin

Clarence Wilson of the Tucson Chapter has had back surgery, but has been back to Cholla and is doing well. Jay Jadus had surgery also, and Shirley Jadus broke an ankle. I understand both of them are also doing well. Shirley Peterson is back in Cholla and doing great. Agnes Felton was in the hospital with some kind of respiratory problem for a day or two and missed Thanksgiving in Cholla. Hope she's well soon. As for me, I'm doing pretty good after some intestinal problems & tests. I hope everyone else is well.

SYMPATHY

We were so sorry to hear of the deaths of the following:

Chuck Horn - He and his wife Betty are long-time Cholla residents. Son Dennis and his wife are members of CBSC.

James Stipanauk - he and his wife were new residents of Cholla Bay

Wade McDonald, son of Chuck and Joann McDonald, CBSC members

Mark Siegal - author of the book "Rocky Point" about the murder in Las Conchas - he and his wife have been visitors to Bev Parker many times.

OUR THOUGHTS, PRAYERS AND SYMPATHIES GO OUT TO ALL THE FAMILY MEMBERS OF THESE PEOPLE.

CHOLLA BAY'S 1ST HOME SHOW

Cholla Bay "Ain't what it ustabe" and now everyone will get a chance to see some of Cholla's pretty homes. On Sunday, January 18, 2004 from 12:00 P.M. to 3:00 P.M., Cholla Bay will have its 1st Home Show. It's being sponsored by the Old Boys Social Club, Cholla Bay Sportsmen's Club and the Vecinos de la Cholla. Proceeds will go to the expansion of the Community Clubhouse. Tickets will be available at the door (Club House), or in advance by calling Nancy Schmidli @ 382-5036. Six lovely homes will have their doors open for you. It starts at 12:00, so go to the club house where you will pick up the information on the homes. Cost is \$10.00 per person, and the tour will conclude at 3:00 P.M. with an after- tour party at the Clubhouse. So, come on and get a ticket - kill two birds with one stone - see the beautiful homes and help support the expansion of the Clubhouse at the same

SHIP'S STORE

There are still a few derby shirts left in Ship's Store. We also have a new shirt in various colors. It's real neat and was on display for the first time at the craft sale. If you haven't seen it or gotten one, see Nancy or Pat if Ship's Store isn't open. YOU NEED ONE OF THESE!!

KEN'S TRIVIA

WHAT IS THE MAXIMUM WEIGHT OF A FOOTBALL, ACCORDING TO NFL RULES?

SHARE A SATURDAY

By Nancy Schmidli

On November 8th, I cooked 125 hot dogs and Sophie and Russ Majeski packaged and donated 125 bags of cookies and candy. Then Bill and Pauline Shelby and Don and I took them, plus two big bags of oranges donated by Donna and John Wilhite, to Esperanza de Vida Saturday Bible Class in Rocky Point. When we arrived at the regular meeting place, no one was there! However, we soon found out that they were at the Community Center and the clinic. With my limited knowledge of Spanish, I was able to understand that we should go straight down to the boulevard, turn left and go to -???? I think she said "you can't miss it". We did have to ask again along the way, but we got there.

That Saturday they were having a free health clinic. Dentists, medical people, hair dressers and others donate their time to the people who need their help. We saw some people getting dental care and some getting shampoos and hair cuts. I'm sorry I didn't find out what all kinds of medical services were available that day for those people, but there were about 150 or 200 people taking advantage of the services. We didn't get there until about 4:30 and it had been going on all day, so I know many people had already come and gone. Some of them had been there all day waiting, without food. So, it was a good time for us to get there. Needless to say, it didn't take long to give out the food, mostly to the children, who were especially very happy that we had come.

We probably won't be serving again until January. I want to find out when they have the next clinic and possibly help with that. It's a good and fun thing to do and if you're interested in helping with this, let me know. Of course, if you're on my email list you will get my "call for help". It's such a "neat" thing to do.

THE OYSTER

There once was an oyster
Whose story I tell
Who found that some sand
Had got into his shell.

It was only a grain
But it gave him great pain.
For oysters have feelings
Although they're so plain.

Now, did he berate
The harsh workings of fate
That had brought him
To such a deplorable state?

Did he curse at the government
Cry for election
And claim that the sea should
Have given him protection?

"No", he said to himself
As he lay on a shell
Since I cannot remove it
I shall try to improve it.

Now the years have rolled around
As the years always do
And he came to his ultimate
Destiny - Stew.

And the small grain of sand
That had bothered him so
Was a beautiful Pearl
All richly aglow.

Now the tale has a moral
For isn't it grand
What an oyster can do
With a morsel of sand?

What couldn't we do
If we'd only begin
With some of the things
That get under our skin.

ANSWER TO KEN'S TRIVIA

15 ounces — Minimum is 14

CBSC Christmas Party

The annual Christmas party for the Mexican Families that live in Cholla Bay will be on Saturday, Dec. 20th at the Fry Shack, beginning at 11:00a.m. . This is the one event that we have each year especially for our Mexican neighbors as a goodwill holiday celebration. Again this year, we are giving food boxes and toys to each family that lives in Cholla, and you can help!!!

We are still in need of many roasts. To date, Nov. 28th, I have 16 roasts. We still need at least 25 more. Other foods we like to give are as follows: mayonnaise, peanut butter, jam., canned fruits, macaroni and cheese, top ramen, flour, brownie and cake mixes, and cookies . I have found that the children really love cookies. So as a special Christmas treat I think it would be nice to give packages of cookies. The Tucson Chapter has donated the canned vegetables.

In the way of toys, we are going to need some more toys to fill in with. We have at least 65 children for Santa to deliver toys to and it seems we always come up with extra kids a the last minute. We can always use soccer balls, craft like kits, blocks, cars and trucks, books in Spanish, puzzles, legos, and games and playing cards. (Nancy Ryan has again donated all the pencils, crayons and notebooks that we will need for the children.)

If you would like to donate any of these or other items of your choice, please bring them to Nancy Schmidli, phone 382 5036 in Cholla. For more information, you can call Diane Bennett at 480 940 9345.

You can also mail donations to Nancy Schmidli, P.O. Box 218, Lukeville, Az. 85341. Please make check payable to Cholla Bay Christmas Fund.

We also need people to help with the party on that Saturday. It is really a very special day and lots of fun to help and see what a good time the children have. Contact Nancy Schmidli at the number above if you would like to do this. Lots of our regular people are not here at this time of the season, so if you are going to be here, please come by and help. You'll be glad you did!!!

After the Party

As in the past, there will be a pot luck dinner after the Christmas Party on Saturday, Dec. 20th. It will begin about 6:00 p.m. It is always fun to have a get-together after a fun day, so bring a dish to share and BYOD.

Everyone is welcome!! You do not need to have helped with the party or be a CBSC member to attend. We just hope that you all will come and help us celebrate and share the good feeling we all get this special day.

T'is the season to have a good time , so join us!!!

Address Change

If you have an address change, please let us know your new address as soon as possible in order to continue receiving the newsletter. The U.S. Postal service will not forward bulk mail. Send it to:

Cholla: Nancy Schmidli

P.O. Box 218 • Lukeville, Az. 85341

Tucson: Shirley Reid

1440 E. Hampton • Tucson, Az. 85710

Invite a Friend to Join the Cholla Bay Sportsmen's Club Annual Membership \$40.00

Name _____

Address _____

City _____ St. _____ Zip _____

Email _____

Mail to : Nancy Schmidli, P.O. Box 218, Lukeville, Az. 85341 or Shirley Reid, 1440 E. Hampton, Tucson, Az. 85710

The Moon, The Sun, The Wind & The Rain

December 2003

SUNRISE- FROM 7:16 to 77:33

SUNSET - FROM 5:31 to 5:42

FULL MOON - December 8th - 1:37 A.M.

NEW MOON - December 23rd. 2:43 A.M.

AVERAGE AIR TEMPERATURE - 56 DEGREES F.

AVERAGE SEA TEMPERATURE - 61 DEGREES F.

AVERAGE RAINFALL - 0.5 INCHES

AVERAGE WIND SPEED - 6.2 MPH

Craft Sale

I am writing this the morning of the craft sale, so I can't give you the particulars. But I can tell you it will be great! We have so many beautiful arts and crafts. Our set up crew, directed by Yvonne Arnett, Donna Wilhite, Frankie Palmer, Arlene Stevenson and Estelle Maud, with help from Dee Lewis-Dedolph, Shirley Peterson, Vivian Hoffman, Froggy Delbrugge, and Nancy S., did a great job and the presentation was beautiful!!